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Year of Joining	17/06/2019
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Seminars/Workshops/FDP/ Conferences

Date	Paper Presented/ Participated	Title of the Paper	Organized By	Title of the Workshop/ Seminar/ FDP	Type
29-Oct-2025 to 11-Nov-2025	Participated	-	Deen Dayal Upadhyaya Gorakpur University	75 Years of the Constitution of India: Issues, Challenges and Prospects	Refresher Course on Inter-disciplinary subject
13-Oct-2025	Participated	-	PG and Research Department of Economics, St.Mary's College(Autonomous) Thoothukudi	Sustainable Development and Economic Growth in India	National Webinar
21-Oct-2025 to 25-Oct-2025	Participated	-	Marian Research Forum, St.Mary's College(Autonomous) Thoothukudi	5 days FDP on Penning with purpose:Mastering the Art of Research and Publications	National

22-Oct-2025	Organized	--	Anti Sexual Harassment cell, St.Mary's College(Autonomous) Thoothukudi	Child Protection, POSCO Act and Government Schemes	Guest Lecture
14-Oct-2025	Participated	-	PG and Research Department of Commerce , St.Mary's College(Autonomous) Thoothukudi	AI, Business and Innovation: Shaping a Sustainable Future	National Seminar
29-Aug-2025	Participated	-	M.A. HRM, St. Mary's College (Autonomous) Thoothukudi	The Power of People analytics: Redefining HR Strategy in the Digital Era	National Seminar
29-Aug-2025	Organized	-	Anti Sexual Harassment cell, St.Mary's College(Autonomous) Thoothukudi	Stop Violence against women	Poster Making Competition
29- Aug-2025	Organized	-	The Department of Economics at St. Mary's College (Autonomous), Thoothukudi,	Association Meeting on the topic "Economic Impact of Artificial Intelligence,"	
15-Aug-2025	Organized	-	PG and Research Department of Economics	Indian Economy after Independence	National level E quiz

11-July-2025	Organized	-	PG and Research Department of Economics	In Commemoration of “World Population Day” International Webinar on “Urbanization and Overpopulation: A Global Perspective on Issues”	International Webinar
28-June-2025	Participated	-	St. Chavara Centre for Teaching Excellence and Educational Innovation, St. Aloysius College, Elthuruth, Thrissur.	FDP on “Empowering Employability in Higher Education”	National
22-May 2025 to 21-June 2025	Participated And Has Obtained Grade A+	-	UGC-Malaviya Mission Teachers Training Centre (MMTTC), Bhagat Phool Singh Mahila Vishwavidyalaya, Sonipat, Haryana	Four Weeks Faculty Induction Programme	National
3.4.2025	Participated	-	PG & research Department of Economics, St. Mary’s College (Autonomous) Thoothukudi	Impact of Union Budget 2025 - 2026 on Indian Economy	Guest Lecture
27-Jan-2025 to 22-Feb-2025	Participated And Obtain Grade A+	-	Malaviya Mission Teacher Training Programme (MMTTP) of University Grants Commission (UGC) Vaishno Devi University, Katra, J&K.	Four Weeks Faculty Induction Programme	National
28-Sep-2024	Organised	-	PG and Research Department of Economics	Achieving sustainable women empowerment	International

				nt through Education, Employment and Entrepreneurship	
18-Aug-2024	Participated	-	Progrezz Academy Training and Research Institute Tamil Nadu	Role of Educators and Students in Viksit Bharat	National webinar
17-May-2024	Participated	-	Foundation for Economic Growth and Welfare	“Economy of China and India”	National webinar
10-May-2024	Participated	-	Foundation for Economic Growth and Welfare	“Minimum Support Price”	National webinar
14-April-2024	Participated	-	Indian Academic Researchers Association	Dr.B.R.Ambedkar’s Economic Thought and its Impact on the financial sector	National webinar
19-Mar-2024	Participated	-	KAPS Ernakulam Chapter & Social Workers in Disaster Risk Reduction (SWDRR)	The Human Face of Social Protection – the Transformative Role of Social workers	National webinar
8-Mar-2024	Participated	-	Anganwadi workers and helpers union J&K in joint collaboration with AMFI	Women Empower through Financial Planing	National webinar

06-Feb-2024	Participated	-	NPR Arts and Science College,Dindigul,Tamil Nadu	Wealth creation through financial planning	National webinar
09 - Dec - 2023 .	Participated	-	Government First Grade College,Moka Ballari District, Karnataka	A Holistic Approach Towards Wellbeing	National Workshop
11 - Dec - 2023	Participated	-	Marian Research Forum, St.Mary's College (Autonomous), Thoothukudi	Avoiding Predatory Publishing: Guidelines for Choosing Quality Journals in the Digital Age	National Workshop
17 - Nov - 2023 .	Participated	-	Government First Grade College,Moka, Ballari District, Karnataka	India in the changing World order	International Conference
31-Aug-2023	Organized	-	Department of Economics, St. Mary's college (Autonomous) Thoothukudi	"Recent Trends And Future Entrepreneurship"	International webinar
30-Aug-2023.	Organized	-	Department of Economics, St. Mary's college (Autonomous) Thoothukudi	"Employment Opportunities In Shipping And Logistic Industry"	National level workshop
28-Jul-2023.	Participated	-	Department of Economics,St.Mary's College(Autonomous) Thoothukudi	A Guest Lecture on the topic "The Role of Digital Platforms in Women's Entrepreneurial	National seminar

				Employment Opportunity	
22-Feb-2023	Organized	-	Department of Economics, St. Mary's college (Autonomous) Thoothukudi	Webinar on "Importance of Millets in Today's Global Scenario"	International
31-Jan-2023	Participated	-	Department of Economics, St. Mary's college (Autonomous) Thoothukudi	Webinar on "Digital Transformation for Sustainable Economic Development"	International
12-Jan-2023	Participated	-	Department of Economics, St. Mary's college (Autonomous) Thoothukudi	Webinar on "Industrial Development and Employment Opportunities in the Present Scenario in India" (Department Association Meeting)	International
12-Nov-2022	Organized	-	Department of Economics, St. Mary's College (Autonomous) Thoothukudi	Webinar on "ICT tools in Economics"	National
9-Nov-2022	Participated	-	IIC and Department of Economics, St. Mary's College (Autonomous) Thoothukudi	IIC Webinar on "Exhibition of Ideas startup"	National
15-Oct-2022	Participated	-	Department of Economics, St. Mary's College	"Women Entrepreneurship and Innovation"	International Webinar

			(Autonomous) Thoothukudi		
13-Sep-- 2022	Participated	-	PG Department of Economics (SSC) St. Mary's College (Autonomous) Thoothukudi	Webinar on "Career Guidance: Insurance And Banking"	Regional
2-Sep- 2022	Participated	-	Department of Economics, St. Mary's College (Autonomous) Thoothukudi	Recent Trends in Indian Economy (Associatio n Meeting)	National Level
1-Sep- 2022	Participated	-	Department of Commerce(PA) K. R.College of Arts and Science,Kovilpa tti	National Webinar on Personal Financial Managemen t	National Webinar
20-Aug- 2022	Participated	-	IIC & Department of Economics, St. Mary's College (Autonomous) Thoothukudi	"Developin g Online Repository of Start-ups developed/ incubated and Way forward plan "	National
15-Aug- 2022	Participated	-	Department of Economics, St. Mary's College (Autonomous) Thoothukudi	Independen ce Day E- Quiz on "Indian Economy after Independen ce" on the occasion of "Azadi Ka Amrit Mahotsav"	National
20- Aug2022	Participated	-	Department of Economics,St.M ar y's College(Autono	Developing Online Repository of Start-ups	National Webinar

			m ous) Thoothukudi	developed/i ncubate d and way forward plan.”	
11-May- 2022 to 17-May- 2022	Participated	-	V.O.Chidambar am College, Thoothukudi	Challenges and Responses “Current scenario of Indian Economy”	Five days FDP
07-May- 2022	Participated	-	Library Committee and Marian Research Forum, St. Mary’s College (Autonomous), Thoothukudi	“Online Reference Managemen t Tools for Manuscripts and Thesis”	National
2-May- 2022 to 8-May- 2022	Participated	-	Department of Economics,St.M ary’s College(Autono mous) and NFED Coimbatore	Hands on Training in Handicrafts	National Workshop
25-Apr- 2022 to 29-Apr- 2022	Participated	-	Department of Economics &Counselling forum,St.Mary’s College(Autono mous) Thoothukudi	Seven Sessions on Seven Essential Life Skills for Students	Inter National Webinar
26-Mar- 2022	Participated	-	Department of Computer Science in association with Internal Quality Assurance Cell (IQAC),SILICO N CITY COLLEGE,Ben galuru	Classroom Dynamics	Inter National

23-Mar-2022	Participated	-	Internal Quality Assurance Cell (IQAC), SILICON CITY COLLEGE, Bengaluru	Impact of Mathematics in Digital World	Inter National
21-Mar-2022 to 27-Mar-2022	Participated	-	V.O.Chidambaram college, Thoothukudi, PG & Research Department of English, Bharathi Dasan University, Tiruchirappalli, Department of women's studies	One Week Virtual Faculty Development Programme (FDP) on GENDER SENSITIZATION	National Level FDP
08-Mar-2022	Participated	-	St.Mary'S College(Autonomous)Thoothukudi	Commomoration of International Womens Day	National Webinar
9-Dec-2021,	Participated	-	St.Mary'S College(Autonomous)Thoothukudi	Anti sexual harassment cases-In Legal perspectives	National Webinar
8-May 2021	Participated	-	FDP wing of Firebird Institute of research in management	The International webinar on “ people Analytics, University of Southern California, USA,	The International webinar
24-May-2021.	Participated	-	department of Commerce, Eliezer Joldan Memorial College Leh Ladakh in collaboration with Central	Webinar on “Investor protection and awareness”	National

			Depository services Limited(CDSL) and Bombay Stock Exchange(BSE)		
20-May-2021	Participated	-	Government degree college Uttersoo,Shangus,Anantnag.,Jammu and Kashmir.	“ Biodiversity loss, what can we do”	National
19 -May -2021.	Participated	-	PG department of zoology Kamaraj College Thoothukudi	National level webinar on “ intellectual property rights”	National
18-May-2021	Participated	-	model Government Degree College shopian Jammu Kashmir in collaboration with Central Depository services Limited and Bombay Stock Exchange	Webinar on “Basics of capital market”	National
10-May-2021.	Participated	-	department of Economics Nirmala college for women Coimbatore	National winner on “ gender discrimination”	National
5-May-2021.	Participated	-	department of Commerce, the University of Burdwan, West Bengal in collaboration with Association of mutual funds in India	Webinar on “ financial empowerment through wealth creation”	National

20-April 2020 to 6-May 2020.	Participated And Obtain Grade 'A'.	-	Ministry of Human Resource Development Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching,	Faculty Development Programme on "Managing online classes and Co-creating Moocs"	National
29-Apr-2021 to 13-May-2021	Participated And Obtain Grade 'A'.	-	Teaching Learning Centre, Ramanujan College, and University of Delhi	a two week online Refresher Course	National
22-Apr to 25-Apr 2021	Participated	-	Kalinga Institute of Industrial Technology Deemed to be university Bhubaneswar Odisha.	Four day International multidisciplinary online conference on "Sustainable soil resources 2021"	International conference
27-Apr-2021	Participated	-	the PG and research department of Commerce Saint Mary's College autonomous Thoothukudi	National Level Webinar on "Financial inclusion, services and opportunities in the digital age"	National
19-Apr-2021.	Participated	-	Department of Business Management Global education centre Moinabad in collaboration with Association of mutual funds in India	Webinar on "Financial empowerment through wealth creation"	National

23- Apr-2021.	Participated	-	department of Economics of Government Degree College for women Karimnagar Telangana state	International webinar on “ global economic slowdown during covid-19 pandemic; issues and challenges”	International webinar
24-Apr -2021.	Participated And Served As Organising Committee Member	-	Marian star centre and department of Economics School of Management and economics St. Mary's College autonomous Thoothukudi	The international webinar on entrepreneurship-An Ubiquitous impact on science graduates	International
22-Apr to 24-Apr 2021	Participated	-	The faculty of Social Sciences Government Degree College Siddipet Telangana state.	State level webinar on series of Doctor Ambedkar Memorial lectures	State level
17-Apr-2021.	Participated And Served As Organising Committee Member	-	department of Economics School of Management and economics St. Mary's College autonomous Thoothukudi Tamil Nadu	The international webinar on entrepreneurial employability skills for economics graduates	International
13-Apr-2021.	Participated	-	the department of physical education Kishori Raman girls college Mathura UP in collaboration with Association of mutual funds of India	National webinar on “ financial education is a tool for wealth and health”	National

7-Apr to 9-Apr - 2021	Participated	-	The department of economic studies and planning School of Business Studies Central University of Karnataka.	The three day international workshop on Kautilya Arthashastra	International
31-Mar-2021	Participated	-	Gulati Institute of Finance and Taxation, Trivandrum, Kerala	Deindustrialization in India under globalisation: Does Innovation Matter	National Webinar
31-Mar-2021	Participated	-	Economics Department, Government degree and PG College, Siddipet (Autonomous) Osmania University, Telangana	webinar on research ethics in social sciences	National Webinar
30-Mar-2021	Participated	-	PG and Research Department of Commerce, St. Mary's College (Autonomous), Thoothukudi	International Webinar on "Communication of Affection for Healthy Work Life Integration - A Global Perspective"	International Webinar
20-Mar-2021	Participated	-	Department of Economics & CDP, St. Mary's College (Autonomous), Thoothukudi	Health & Sanitation Awareness during Covid period	National Webinar
19-Mar-2021	Participated	-	Department of Economics & CDP, St. Mary's College	"Personality Development" The	National Webinar

			(Autonomous), Thoothukudi		
18-Mar-2021	Participated	-	PG Department of Economics, , St. Mary's College (Autonomous), Thoothukudi	Natural Remedies for common illness of women through Ayurveda	National Webinar
13-Mar-2021	Participated	-	Department o Economics&IIC , St. Mary's College (Autonomous), Thoothukudi	An orientation session on Innovation	National Webinar
20-Feb-2021	Participated	-	Department of Economics and Psychology St. Mary's College (Autonomous), Thoothukudi	“ Health and Sanitation Awareness during Covid period”	National Webinar
10-Feb-2021	Participated	-	PG Department of Economics, , St. Mary's College (Autonomous), Thoothukudi	An overview – Indian Economic services	National Webinar
19-Dec-2020	Participated	-	IIC&Marian Research Forum	Innovative ideas for Research Paper Writing	National Webinar
10-Dec-2020	Participated	-	Human Rights forum,St.Mary’s College(Autonomous) Thoothukudi	Commemoration of International Human Rights Day	National Webinar
5-Dec-2020	Participated	-	PG department of Commerce, Government college, Kattappana, Idukki,Kerala	Demystifying Dalal Street(DDS) -Unveiling stock market meat and potatoes	National Webinar

31-Oct-2020	Participated	-	Research Library St. Mary's College (Autonomous), Thoothukudi	Increasing visibility in the Research World Using Academic & Social Media	National Webinar
31-Oct-2020	Participated	-	Christ University, Bangalore	Effect of Covid-19 Lockdown on profitability of firms in India	National Webinar
26-Sep-2020 to 28-Sep-2020	Participated	-	All India Catholic University Federation National Secretariat Chennai	Call to create Her Story	National Webinar
17-Sep-2020	Participated	-	Dr.MGR Educational and Research Institute Chennai	I-STEM;A Gateway for R&D Community and Other GoI Initiatives towards AatmNirbhar Bharat	National Webinar
09-Sep-2020	Participated	-	Government Arts & Science College, Sathankulam	Online Teaching Make it Easy	National Webinar
23-Aug-2020 to 25-Aug-2020	Participated	-	Madras Christian College, Chennai	International Webinar on Environmental Theatre and Language Teaching	International Webinar
05-Aug-2020	Participated	-	D.S.Government Degree College	International Webinar on Quest of	International

			for Women, Ongole. Prakasam , Andra Pradesh	Employment Opportunities through Linkedin & up build Resume	
04-Aug-2020	Participated	-	Chanchal College, West Bengal	International webinar on Rabindranath Tagore	International
01-Aug-2020 to 7-Aug-2020	Participated	-	M.S. University, Thirunelveli	Professional Development & Capacity Building Programme for Academics & Professionals	National
23-July-2020 to 24-July-2020	Participated	-	IQAC, St. Xavier's College, Palayamkottai, Tamil Nadu	ICT Tools for Teaching - Learning	National Webinar
14-July-2020 To 15- July-2020	Participated	-	Economics Department, St. Mary's College, Thoothukudi	Google Classroom; A Perfect Navigation Platform for Teachers And Learners	National E-Workshop 2 Days
10-July-2020 to 11-July-2020	Participated	-	Dr.M.G.R, Educational and Research Institute, Deemed to be university, Chennai	Understanding OBS Studio & Live stream yard for E- Content creation and Live Streaming	National E-Workshop 2 Days
26-June - 2020 to 27-June- 2020	Presented	Empowerment of Women Fishers through	Department of Economics, St. Mary's College,	International Web conference on Women	International

		Micro Finance Institutions in the Coastal Area of Maruvkad Village in Central Kerala	Thoothudi and NFED, Coimbatore	Empowerment through Education, Employment & Entrepreneurship	Web Conference- 2Days
13-June-2020	Participated	-	Department of Economics, St. Mary's College, Thoothudi and NFED, Coimbatore	Research Structuring, Statistical Insights & Publication Strategies	National Webinar
10-June-2020 to 12-June-2020	Participated	-	Departments of Zoology, Chemistry and Telugu, JMJ College for Women, Tenali, Andhra Pradesh	International Webinar – FDP on Indirect Effects of COVID-19 Outbreak on the Environment and Society	International FDP-3Days
10-June-2020 to 12-June-2020	Participated	-	Departments of Zoology, Chemistry and Telugu, JMJ College for Women, Tenali, Andhra Pradesh	Post Covid-19 World Environment Prospects and Challenges for Sustainable Development	International Webinar 3Days
05-June-2020 To 07-June-2020	Participated	-	The Departments of Chemistry & Geology, Govt. V.Y.T PG Autonomous College, Durg, Chhattisgarh	Post Covid-19 World Environment Prospects and Challenges for Sustainable Development	International Webinar 3Days

05-June-2020	Participated	-	Environmental Advisory for Sustainable Trust, Palayamkottai, Tamil Nadu	Covid 19- Impact on Higher Education	National Webinar
04-June-2020	Participated	-	PG& Research Department Botany, V.O.C. College	Biodiversity Conservation with Special Reference to Agrobiodiversity	National Webinar
01-June-2020	Participated	-	Post Graduate & Research Department of Economics, S.T.Hindu College, Nagercoil	Research Methodology and Statistics	National Quiz
30-May-2020	Participated	-	ArulmiguPalani andavar College of Arts and Culture, Chennai	Covid-19 Pandemic Awareness Quiz	National Quiz
29-May-2020 to 30-May-2020	Participated	-	Dr.MGR Educational and Research Institute, Adayalampattu Phase -II Campus, Chennai in association with The Institution of Engineers (India) Tiruvallur	Virtual Teaching-Learning Moodle the Efficient Way	National FDP-2Days
28-May-2020 to 29-May-2020	Participated	-	Environmental Advisory for sustainable trust in association with SRI Y N College Andrapradesh	Research Methodology tuning your skills in Research Proposals”	National Workshop-2Days

29-May-2020	Participated	-	Department of Economics, Vivekananda College, Tiruvedakam West, Madurai	Intellectual Property Rights,	National Quiz
28-May-2020 to 31-May-2020	Participated	-	Research Department of commerce, Rani Anna Government College for women, Tirunelveli	pros and cons of Intellectual Property Right	National Quiz
27-May-2020	Participated	-	Department of Commerce, St. Mary's College (Autonomous) Thoothukudi	Manage stress before stress manages you	National Webinar
27-May-2020	Participated	-	PG& Research Department of Botany, V.O.Chi dambaram College, Thoothukudi	Antiviral Marine Macroalgae Sulfated Polysaccharides to Boost Immunity As well as Active against Respiratory Infections	National Webinar
26-May-2020	Participated & Received Certificate Of Appreciation	-	Department of Economics, Nazareth Margoschis College at Pillaiyanmanai, Thoothukudi	E-Quiz on General Economics	National Quiz
26-May-2020	Participated	-	St. Mary's College (Autonomous) Thoothukudi	Chemistry of Covid-19-Threat to Global Public Health	National FDP
25-May-2020	Participated	-	St. Mary's College	Managing your finances and	National FDP

			(Autonomous) Thoothukudi	investments during pandemic and current economic meltdown	
23-May-2020	Participated	-	St. Mary's College (Autonomous) Thoothukudi and Annammal College of Education for women, Thoothukudi	Teacher Resilience: TheBlueprint for Efficiency during Uncertainty ”	National Webinar
20-May-2020 to 24-May-2020	Participated	-	IQAC, Department of BCA& Department of IT, JP College of arts&science, Tenkasi, Tamil Nadu	Teaching Using ICT Tools	National FDP-5Days
22-May-2020	Participated & Received Certificate Of Appreciation	-	Holy Cross College(Autonomous), Nagercoil PG&Research Department of Economics	Quiz on know your Economy	National Quiz
20-May-2020	Participated	-	Economics Department, Little Flower College, Guruvayoor, Thrissur, Kerala	Impact of Covid 19 On Return Migration & Foreign Remittance in India with special Reference to Kerala Economy	Inter National Webinar
19-May-2020	Participated & Received Certificate Of Appreciation	-	B.S.AbdurRahman Crescent, Institute of Science & Technology, Office of Dean (Research),	Test Your Knowledge on Plagiarism”,	Inter National Quiz

17-May-2020	Participated	-	jointly organised by the Poona College of arts,science&commerce,Pune,Maharashtra and IQAC& Department of commerce,P.G& Research center&B.B.A CA in Association with DPM's Shree Mallikarjun&ShriChetanManju Desai College,Canacona, Goa and SangamnerNagarpalikaarts,D.J. Malpani Commerce & B.N.Sarada science college	Post COVID-19 Lockdown: Opportunities and Challenges for Education,Industry&Economy”	Inter National Webinar
17-May-2020	Participated	-	Department of Commerce Shree Chandraprabhu Jain College, Minjur	“The impact of Covid-19 in Manufacturing Sector in India”	National FDP
16-May-2020	Participated & Received Certificate Of Appreciation	-	DharmapuramAdhinam Arts College,Tiruchirappalli, Tamil Nadu.	<i>Indian history QUIZ”</i>	National Quiz
16-May-2020	Participated	-	PG & Research Department of Commerce, TirunelveliDakhina MaraNadarSangam College, T.Kallikulam	“Effective Classroom Management”	National Webinar
16-May-2020	Participated	-	Department of Economics, Providence	Impact of Covid-19 on	National Webinar

			College for women, Coonoor, Tamil Nadu	Indian Economy	
15-May-2020	Participated	-	Department of B.Com[CS&IT], VLB Janakiammal College of Arts and Science(Autonomous) Vivekanandapuram, Tamil Nadu	“ Business post Covid-19 on Economic Impact & Scenarios- ‘U’ Curve, ‘V’ Curve & ‘W’ Curve	National Webinar
14-May-2020	Participated	-	Ethiraj College for women(Autonomous) in association with ONEYES Technologies	Usage of ICT Tools- Why? How?”	National Webinar
13-May-2020 to 14-May-2020	Participated	-	St. Mary’s College (Autonomous) Thoothukudi in association with Aadhi Foundation	Mental Health and Psychological consideration during Lock down	National Workshop 2 Days
12-May-2020	Participated	-	Research advisory committee, St. Mary’s College (Autonomous) Thoothukudi	Selection of appropriate Statistical Tools: A Critical way for successful research	National Workshop
11-May-2020 to 16-May-2020	Participated	-	Ramachandra College of Engineering, Andhra Pradesh and is sponsored by NSTEDB, Department of science and technology, Government of India, Delhi, Implemented by Entrepreneurushi	“ Innovation to Academicians	National FDP-6Days

			pinstitutionof India, Ahmedabad in association with Ramachandra college		
09-May- 2020 to 13-May 2020	Participated	-	School of Management Studies, Sathyabama Institute of Science and Technology	Research and Teacher training program	National FDP-5Days
11-May- 2020	Participated	-	Department of psychology, St.Mary'sColleg e (Autonomou), Thoothukudi	Psychologic al First-Aid	National Webinar
08-May- 2020	Participated	-	Department of Commerce – Shift II, Patrician College, Chennai in association with Digital Edu IT Solution	Examinatio ns in wake of COVID- 19	National FDP
08-May- 2020	Participated & Received Certificate Of Appreciation	-	UrumuDhanalak shmi College, Tiruchirapalli, Tamil Nadu.	<i>COVID-19 QUIZ</i>	Inter National Quiz Competition
03-May- 2020 to 05-May 2020	Participated	-	Department of Commerce ,PSGR Krishnammal college for Women, Coimbatore,Ta mil Nadu	Current Research Trends in Social Science	National FDP-2Days
20-April- 2020 to 06-May - 2020	Participated	-	Ministry of Human Resource Development, PanditMadan Mohan Malaviya National	"Managing Online Classes and Co-Creating MOOCS	National FDP-7 Days

			Mission On Teachers And Teaching, organized by Teaching Learning Centre, Ramanujan College, University of Delhi		
01-May-2020	Participated & Received Certificate Of Appreciation	-	Department of Management, Tecnia Institute of Advanced Studies, Delhi	<i>COVID-19 Pandemic Awareness Online Quiz</i>	Inter National Quiz Competition
28-April 2020	Participated	-	Elsevier	"Improving Research Planning Skills at Technical Institute"	Inter National
22-April-2020	Participated & Received Certificate Of Appreciation	-	Eco Club in collaboration with department of Botany, RajarsheeShahu Science College, Amravati	World Earth Day" 2020 Quiz	Inter National
22-April-2020	Participated & Received Certificate Of Appreciation	-	Eco Club in collaboration with department of Botany, RajarsheeShahu Science College, Amravati	World Earth Day" 2020	Inter National Quiz Competition
11-July-2019	Presented	Challenges of women farmers in Pokkali cultivation	Sri Sarada College For Women	International Conference on Women Empowerment is Mother India Empowerment	Inter National
07-Feb-2019 to	Paper Presented	Fish Marketing in Kerala-		National Conference	National

08- Feb-2019		Social responsibility and ethical issues in Chellanum	Viswajyothi College of Management Studies	on Invasion of Technology in Marketing and Society	
06-Dec-2018 to 08-Dec-2018	Participated	-	Sacred Heart College Thevara, Kerala.	National workshop on Statistical Analysis in Social Science Research- SPSS	National
17-Jan-2018 to 20- Jan-2018	Paper Presented	Insufficient supply of Pokkaliseed in the post GIs status awarded to Pokkali Rice- The present Status -	IUCIPRS, CUSAT, Kerala	Inter University Centre for IPR Studies ,CUSAT	National
14-Feb-2018	Presented	Pokkali Cultivation	Loyola College Chennai	National Symposium on Towards a Sustainable Agriculture in India	National
16- August-2007 to 17- August-2007	Participated	-	Panampilly Memorial Government College, Kerala.	National Seminar on Energy Sources, Environment and Economic Development	National
25- March-2017	Participated	-	ICAR- CIFT, Cochin, Kerala.	National Seminar on Mitigating Juvenile Incidence in Fishing: The	National

				way forward	
30-Jan-2007 To 31-Jan-2007	Participated	-	Panampilly Memorial Government College, Kerala	National Seminar on the Development Experience of Kerala	National
25-March-2017	Participated	-	ICAR-CIFT, Cochin, Kerala.	National Seminar on Mitigating Juvenile Incidence in Fishing: The way forward	National
30-Jan-2007 To 31-Jan-2007	Participated	-	Panampilly Memorial Government College, Kerala	National Seminar on the Development Experience of Kerala	National

Papers Published

Paper Title	Author(s)	Journal	Year	Volume	Issue	Page No.
Pokkali Cultivation-A classic example of organic farming and a path toward sustainable agriculture in the coastal areas, Loyola College	Alfreeda T A & Dr.Muraleedharan	Proceedings Of National Symposium	2018		1	25

Chennai, Tamil Nadu						
Empowerment of Women Fishers through Micro Finance Institutions in the Coastal Area of Maruvkad Village in Central Kerala	Alfreeda T A	Proceedings Of Inter National Web conference on Women Empowerment through Education, Employment & Entrepreneurship	2020			113 – 122
A study of Fish Marketing Efficiency in Thoothukudi District of Tamil Nadu	Alfreeda T A & Dr.M.Neela Devi	IJFANS International Journal of Food and Nutritional Sciences	2025 (UGC Care listed group 1 Journal	Volume 11 ISSN Print 23191775 Online 23207876	Issue 132w	
Economics of fish marketing in Therespuram and Poopalrayapuram in Thoothukudi District of Tamil Nadu	Alfreeda T A & Dr.M.Neela Devi	Indian Journal of Applied and Pure Biology	2025 ISSN: 0970-2091 A web of science journal	Volume 40(1)		34-41

Resource Person

Date	Name of the Institution	Invited As	Topic/Event
27-02-2023	Kamaraj Women's college, Tiruchendur Road, Thoothukudi	Resource person	A special guest lecture on "A recent trend in the Development of Entrepreneurial Microbiology in India"
27-01-2023	G.Venkataswamy Naidu College, Affiliated to Manonmaniam Sundaranar University, Kovilpatti	Resource person	Government Schemes for Entrepreneurs like NEEDS, UYEGP, PMEGP, MUDRA

18-07-2022	Aquinas College, Affiliated to Mahatma Gandhi University, Edacochin, Cochin, Ernakulam,Kerala	Resource person	National Webinar on INFLATION: The biggest challenge to Macroeconomic Stability
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Certificate Courses

Duration	Title	Organised by
08-Dec-2023 to 08-Feb-2024	Certificate Course on Fundamentals of ESG and Sustainability	TLC, Ramanujan College, University of Delhi, Ministry of Education, Government of India
08-Jan-2024 to 18-May-2024	Swayam online 4 credit course on Research Methodology	Swayam Online course- consortium for educational communication(CEC) New Delhi

Responsibilities Held

- In charge of Anti sexual harassment cell 2025-2026
- In Charge of Economics Association 2025-2026
- In charge of CDP from 2020-2022
- Worked as a Member of Anti- Sexual Harassment Cell 2021-2022, 2022-September 4-2023
- Member of Discipline committee in 2021-2022, 2022-September 4-2023.
- Worked as part of team in charge of Graduation day seating arrangements and discipline.
- Member of Working Synergic Committee during 2022-2023
- Member of website committee 2021-2022 and 2022-September4-2023.
- Created a you tube channel to assist students for learning
- In charge of Human rights for first year students 2019-2020 and 2020-2021
St.Mary's college
- In charge of AICUF for first year regular students 2019-2020 and 2020-2021 in
St.Mary's college
- Accompanied students for AICUF Rally held in Kanyakumari

- Accompanied students to Human Rights workshop held in Manonmaniam Sundaranar University
- Worked as part of Price distribution committee
- In Economics department during national seminar prepared and presented Master ceremony.
- Guides students to appear for various competitive exams
- Guides students to clear NET and other competitive examinations
- Worked as Research Associate in a project titled “Traditional knowledge in Marine Fisheries Sector of Kerala; Documentation and Analysis”

Awards Received & Achievements

- Second Rank in Graduation in Economics from Mahatma Gandhi University, 2005
- In 2005 received scholarship in education for achieving highest mark in post graduation
- In both graduation and post-graduation became College Topper
- In 2008 the college honoured with award of Roll of Honour in the chronicle of the college

Employment Details

- Research Associate, CIFT, Indian Council of Agriculture Research, Wellington Island, Thoppumpady, Ernakulam, Kerala.
- Assistant professor, Department of Economics, Sacred Heart College (Autonomous) Thevara, Ernakulam, Kerala.
- Research Assistant, project titled pokkali cultivation, Maharajas College, Ernakulam, Kerala.